

ABSTRAK

DESKRIPSI PERILAKU *BULLYING* DI KALANGAN SISWA KELAS VIII SMP STRADA SANTA MARIA 1 TANGERANG TAHUN AJARAN 2015/2016 DAN IMPLIKASINYA PADA USULAN PROGRAM BIMBINGAN KELOMPOK

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Penelitian ini bertujuan untuk memperoleh gambaran tentang beberapa hal mengenai perilaku *bullying* di SMP Strada Santa Maria 1 Tangerang tahun ajaran 2015/2016 dan membuat usulan program bimbingan kelompok.

Subjek penelitian adalah siswa kelas VIII SMP Strada Santa Maria 1 Tangerang tahun ajaran 2015/2016 yang berjumlah 168 siswa. Instrumen penelitian berupa kuesioner yang mengungkap beberapa hal mengenai perilaku *bullying*. Teknik analisis data yang digunakan adalah kategorisasi. Terdapat lima kategori perilaku *bullying* siswa kelas VIII SMP Strada Santa Maria 1 Tangerang tahun ajaran 2015/2016 yaitu: amat sering, sering, beberapa kali, satu kali, tidak pernah.

Hasil penelitian memperlihatkan bahwa: ada 168 (100%) siswa yang pernah mengalami perilaku *bullying* di sekolahnya; ada 168 (100%) siswa yang pernah mengalami perilaku *bullying* lebih dari satu kali dan tidak ada (0%) siswa yang pernah mengalami perilaku *bullying* satu kali; ada 168 (97%) siswa mengalami perilaku *bullying* yang dilakukan oleh teman siswa, ada 5 (3%) siswa mengalami perilaku *bullying* yang dilakukan oleh guru dan tidak ada (0%) siswa yang mengalami perilaku *bullying* yang dilakukan oleh karyawan sekolah lainnya; ada 35 (76%) perilaku *bullying* yang tidak pernah dialami oleh siswa, ada 10 (22%) perilaku *bullying* yang satu kali dialami oleh siswa, ada 1 (2%) perilaku *bullying* yang beberapa kali dialami oleh siswa, dan tidak ada 0 (0%) perilaku *bullying* yang sering atau amat sering dialami oleh siswa.

Berdasarkan item-item kuesioner yang menunjukkan perilaku *bullying* yang termasuk beberapa kali dan satu kali dialami oleh siswa, peneliti mengusulkan program bimbingan kelompok yang sesuai untuk membantu siswa yang mengalami perilaku *bullying* di kalangan siswa kelas VIII SMP Strada Santa Maria 1 Tangerang.

ABSTRACT

THE DESCRIPTION OF BULLYING BEHAVIOR AMONG THE EIGHTH GRADE STUDENTS OF STRADA SANTA MARIA 1 JUNIOR HIGH SCHOOL IN TANGERANG ACADEMIC YEAR 2015/2016 AND ITS IMPLICATIONS ON GROUP GUIDANCE PROGRAM PROPOSAL

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This research aims to obtain a picture about bullying behavior at Strada Santa Maria 1 Junior High School in Tangerang Academic Year 2015/2016 and to propose a group counseling program.

The research subject is 168 eighth grade students at Strada Santa Maria 1 Junior High School in Tangerang Academic Year 2015/2016. The research instrument in the form of questionnaire reveals some things about bullying behavior. The data analysis technique is categorization. The bullying behavior among the eighth grade students of Strada Santa Maria 1 Junior High School in Tangerang Academic Year 2015/2016 was classified into five (5) categories, namely: very frequent, frequent, occasional, once, never.

Research result showed that 168 students (100%) were target of bullying in their school, 168 students (100%) were target of bullying more than once and none (0%) of the students were bullied just once. 168 students (97%) were bullied by their peers, 5 students (3%) were bullied by teachers, and none of the students (0%) was bullied by school employees. There were 35 bullying behaviors (76%) which were never experienced by the students, 10 bullying behaviors (22%) were experienced once, 1 bullying behavior (2%) was experienced several times, and none of the bullying behavior (0%) was experienced frequent or very frequent by the students.

Based on the items of the questionnaire showing bullying behaviors experienced occasionally and once by the students, the researcher proposed a group counseling program which was suitable to help students who experienced bullying among the eighth grade students of Strada Santa Maria 1 Junior High School in Tangerang.